

| Platz | StartNr | Vorname | Nachname | Verein | Nation | Ak | Zeit |
|-------|---------|-------------|-----------------|------------------------|--------|-----|------------|
| 1 | 2 | Manuela | Sporleder | TuS Germania Schnelsen | | W40 | 2:19:39,20 |
| 2 | 583 | Karsta | Parsiegla | SCC Berlin | | W45 | 2:22:14,35 |
| 3 | 324 | Silke | Rösener | Moorläufer | | W40 | 2:25:32,60 |
| 4 | 116 | Britta | Giesen | Laufwerk Hamburg | | W40 | 2:32:31,40 |
| 5 | 620 | Gunda | Nielsen | TSV Glücksburg 09 | | W45 | 2:35:35,10 |
| 6 | 312 | Lilo | Hellenbrand | DJK Gillrath | | W55 | 2:36:30,45 |
| 7 | 500 | Bente | Lobach | Mach 3 Sportzent. | | W30 | 2:39:55,80 |
| 8 | 13 | Viola | Möller-Andress | Tinum 66 | | W45 | 2:41:52,25 |
| 9 | 494 | Tabitha | Bühne | Run2 by Runnerspoint | | W30 | 2:41:52,30 |
| 10 | 123 | Janette | Recht | Laufwerk Hamburg | | W30 | 2:43:03,95 |
| 11 | 375 | Irene | Buchmüller | Long Distance | | W40 | 2:43:55,85 |
| 12 | 714 | Bärbel | Halfmann | | | W55 | 2:45:05,85 |
| 13 | 715 | Christiane | Fritsche | | | W30 | 2:45:06,00 |
| 14 | 712 | Michaela | Hunold | | | W40 | 2:45:06,05 |
| 15 | 848 | Anja | Brockmoeller | LG Neumuenster | | W45 | 2:47:26,80 |
| 16 | 357 | Anja | Schütte | SV Büren | | W40 | 2:48:14,65 |
| 17 | 743 | Svenja | Czock | | | WHK | 2:49:23,05 |
| 18 | 180 | Ilona | Meier | Laufwerk Hamburg | | W40 | 2:49:31,10 |
| 19 | 189 | Sabine | Kunst | Laufwerk Hamburg | | W40 | 2:51:15,60 |
| 20 | 424 | Ursula | Knobloch | SCC Berlin | | W55 | 2:51:27,75 |
| 21 | 373 | Manuela | Greiff | Polizei Berlin | | W45 | 2:52:01,20 |
| 22 | 33 | Martina | Wannovius | TVU LT Uelzen | | W45 | 2:53:18,80 |
| 23 | 12 | Monique | Friedrich | | | W30 | 2:53:21,05 |
| 24 | 636 | Petra | Thoms | LTV Kiel Ost | | W55 | 2:53:46,15 |
| 25 | 531 | Kathrin | Palm | LWV Potsdam | | W45 | 2:56:09,10 |
| 26 | 962 | Kathrina | Hohendorf | BlockHouse | | W45 | 2:56:09,45 |
| 27 | 364 | Nicole | Tückmantel | BSG Delphi Draka | | W40 | 2:56:14,70 |
| 28 | 527 | Monika | Rieser | Laufteam Gelnhausen | | W45 | 2:57:07,75 |
| 29 | 161 | Monika | Schulze | TSV Ladelund | | W55 | 2:57:08,60 |
| 30 | 931 | Lykke | Sörensen | Odder Atletik & Motion | DAN | WHK | 2:57:12,20 |
| 31 | 149 | Marie-Luise | Thielemann | Post SV Gütersloh | | W50 | 2:58:00,55 |
| 32 | 110 | Hanne | Rasmussen | Odder Atletik & Motion | DAN | W50 | 2:58:13,30 |
| 33 | 187 | Agnes | Hartling | SF Klein Reken | | W45 | 2:58:37,90 |
| 34 | 643 | Birte | Siebe | Lübbecker Berglöwen | | W35 | 2:59:26,00 |
| 35 | 431 | Anja | Gellert | Tsve Bielefeld | | W45 | 3:00:29,80 |
| 36 | 361 | Schumm | Barbara | TV 1848 Coburg | | W50 | 3:00:33,40 |
| 37 | 933 | Kristin | Müller | LG BSN | | W35 | 3:00:34,70 |
| 38 | 920 | Mareike | Preuß | Barmstedter MTV | | WHK | 3:01:37,50 |
| 39 | 652 | Gabi | Fliege | SUS Oberaden | | W55 | 3:01:56,40 |
| 40 | 673 | Tamara | Scherhag | BlockHouse | | W45 | 3:02:03,00 |
| 41 | 578 | Britta | Falkenstein | | | W45 | 3:02:05,25 |
| 42 | 477 | Elke | Link-Holtermann | TUS Breckerfeld | | W40 | 3:03:18,00 |
| 43 | 771 | Heide | Schneider | Charityrunning.de | | W40 | 3:03:26,70 |
| 44 | 396 | Marita | Warner | Running Gag Berlin | | W55 | 3:03:56,80 |
| 45 | 210 | Stefanie | Böckenholt | TSV Ladelund | | W40 | 3:04:23,15 |
| 46 | 264 | Gudrun | Becker | SV Herbern | | W45 | 3:05:18,25 |
| 47 | 539 | Ursula | Leffler | Blau-Weiss Buchholz | | W70 | 3:05:50,35 |
| 48 | 538 | Karin | Knaak | Blau-Weiss Buchholz | | W55 | 3:05:50,60 |
| 49 | 528 | Marianne | Stein | TV Werne | | W50 | 3:06:42,50 |
| 50 | 83 | Hildegard | Fröhlich | MC Cappenberg | | W55 | 3:06:57,60 |
| 51 | 657 | Katrin | Nünning | | | W30 | 3:07:44,95 |
| 52 | 661 | Monika | Olesen | | | W55 | 3:07:46,15 |
| 53 | 508 | Bianka | Jannasch | Nauen-Falkensee | | W55 | 3:07:55,10 |
| 54 | 967 | Rosa | Thinius | BlockHouse | | W35 | 3:08:00,65 |
| 55 | 838 | Judith | Hansen | 1.Flensburger LT | | W35 | 3:08:08,90 |
| 56 | 311 | Karin | Hinkel-Reineke | Mottencastle RT | | W50 | 3:09:17,00 |
| 57 | 577 | Iris | Rammonat | | | W30 | 3:09:29,80 |

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| 58 | 787 | Bente | Rathsack | MTV Leck | | W30 | 3:09:34,60 |
| 59 | 8 | Caren | Rossberg | Tinum 66 | | W40 | 3:10:44,70 |
| 60 | 39 | Dr. Stephanie | Heinelt | TVU LT Uelzen | | W45 | 3:11:08,05 |
| 61 | 537 | Ulrike | Hallenberger | Blau-Weiss Buchholz | | W50 | 3:11:54,50 |
| 62 | 146 | Martina | Herzig | Post SV Gütersloh | | W50 | 3:11:56,95 |
| 63 | 581 | Semiha | Reniewitz | SCC Berlin | | W40 | 3:11:57,90 |
| 64 | 637 | Renate | Derigs | PSV Brühl | | W40 | 3:12:04,90 |
| 65 | 900 | Anja | Heidenbluth | | | W45 | 3:12:07,70 |
| 66 | 281 | Maria | Meiners-Gefken | TUS Krempe | | W50 | 3:12:14,20 |
| 67 | 40 | Heike | Kachel | TVU LT Uelzen | | W45 | 3:12:15,30 |
| 68 | 274 | Baerbel | Meinardus-Logemann | | | W50 | 3:12:40,65 |
| 69 | 869 | Kerstin | Böttjer | | | W40 | 3:12:46,05 |
| 70 | 32 | Martina | Timm | Laufwerk Hamburg | | W40 | 3:12:55,80 |
| 71 | 225 | Gudrun | Bartels | SV Blankenese | | W60 | 3:13:10,15 |
| 72 | 594 | Angela | Radau | ESV Eintr. Hameln | | W50 | 3:13:35,90 |
| 73 | 362 | Cornelia | Boettcher | BSG Delphi Draka | | W45 | 3:13:55,90 |
| 74 | 158 | Manuela | Lange | Non-Stop-Ultra | | W45 | 3:14:27,05 |
| 75 | 255 | Dr. Miriam | Blank | | | W35 | 3:14:30,00 |
| 76 | 557 | Silke | Timmermann | Hiller Moorläufer | | W45 | 3:14:44,25 |
| 77 | 751 | Anke | Krüger | TSV Westerland | | W40 | 3:15:06,60 |
| 78 | 633 | Anne | Klimek | Syltläufer | | W50 | 3:15:52,75 |
| 79 | 91 | Eva | Jelonek | SF Klein Reken | | W45 | 3:16:50,15 |
| 80 | 458 | Ute | Jungjohann | 1. Flensburger LT | | W40 | 3:17:20,40 |
| 81 | 512 | Birgit | Platen | | | W45 | 3:17:33,40 |
| 82 | 389 | Elke | Weisener | LT Nanen-Falkensee | | W55 | 3:18:41,85 |
| 83 | 887 | Katja | Strampe | MTV Müden | | W45 | 3:18:56,60 |
| 84 | 440 | Carina | Löhr | | | W35 | 3:20:05,40 |
| 85 | 267 | Monica | Lanzendörfer | LT-Run 4 fun.de | | W45 | 3:20:06,90 |
| 86 | 463 | Dr Betty | Mecking | Marathon Dinslaken | | W45 | 3:20:07,05 |
| 87 | 436 | Eva | Uhrmacher | | | W50 | 3:20:49,40 |
| 88 | 378 | Victoria | Best | | | WHK | 3:20:52,40 |
| 89 | 908 | Andrea | Höchenberger | Sparkassenversich. | | W50 | 3:21:00,35 |
| 90 | 437 | Marianne | Koch | | | W45 | 3:21:25,75 |
| 91 | 677 | Angelika | Böttcher | BlockHouse | | W30 | 3:21:38,80 |
| 92 | 315 | Heike | Gralla | Moorläufer | | W50 | 3:22:31,30 |
| 93 | 186 | Sigrid | Stein | | | W45 | 3:23:43,20 |
| 94 | 99 | Rosana | Kunze | Looms Stadthagen | | W50 | 3:23:52,50 |
| 95 | 166 | Christa | Niebauer-Reiserer | Neverwalkalone | | W55 | 3:23:57,55 |
| 96 | 15 | Wiebke | Ortmann | Tinum 66 | | W30 | 3:24:01,45 |
| 97 | 175 | Tine | Warnemünde | Sport Matzen | | W40 | 3:24:13,10 |
| 98 | 495 | Dörte | Osse | TV Fischbek | | W35 | 3:24:20,10 |
| 99 | 553 | Regina | Romstadt | Lauffeuer Paderborn | | W50 | 3:24:22,30 |
| 100 | 904 | Inga | Wermann | | | W45 | 3:24:31,70 |
| 101 | 258 | Petra | Lenfers-Lücker | SV Herbern | | W45 | 3:25:05,20 |
| 102 | 669 | Catrin | Matz | BlockHouse | | W45 | 3:25:21,60 |
| 103 | 150 | Heike | Teismann | Post SV Gütersloh | | W45 | 3:25:30,25 |
| 104 | 917 | Amelie | Haritz | | | WHK | 3:25:31,75 |
| 105 | 117 | Ute | Morawetz | TV J. Schneverdingen | | W50 | 3:25:36,40 |
| 106 | 664 | Christl | Heine | BlockHouse | | W60 | 3:25:52,60 |
| 107 | 881 | Conny | Clausen | Förde Fitness | | W50 | 3:25:54,60 |
| 108 | 453 | Canan | Dogan | SG Zoll/BSV HH | | W35 | 3:26:12,90 |
| 109 | 832 | Bettina | Bernecker | | | W50 | 3:26:39,65 |
| 110 | 831 | Rosi | Thoms | USC Kiel | | W45 | 3:26:39,75 |
| 111 | 93 | Catharina | Jud | LG BSN | | W40 | 3:26:47,25 |
| 112 | 45 | Stephanie | Wolff | Laufwerk Hamburg | | W40 | 3:26:53,10 |
| 113 | 444 | Annette | Höller | SF Klein Reken | | W50 | 3:27:02,40 |
| 114 | 397 | Andrea | Mannz | | | W50 | 3:27:09,35 |

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| 115 | 380 | Klaudia | Franke | Wäller Renntiere | | W50 | 3:27:13,10 |
| 116 | 438 | Elke | Sust | | | W45 | 3:27:40,65 |
| 117 | 955 | Doris | Hansen | BlockHouse | | W50 | 3:28:41,00 |
| 118 | 855 | Renate | Sendrowski | | | W60 | 3:28:41,70 |
| 119 | 782 | Birgit | Schulze | MTC | | W45 | 3:28:48,55 |
| 120 | 239 | Birte | Mösken | 1.Flensburger LT | | W50 | 3:29:05,40 |
| 121 | 745 | Anke | Klewer | TSV Quellenhaupt Bornh. | | W30 | 3:29:24,50 |
| 122 | 789 | Ulrike | Bahlmann | | | W45 | 3:30:47,15 |
| 123 | 545 | Christiane | Melzer | | | W40 | 3:30:47,20 |
| 124 | 685 | Iris | Hadler | | | W40 | 3:30:49,70 |
| 125 | 586 | Sabine | Meissner | SV-Turbine Neubrandenburg | | W50 | 3:31:02,40 |
| 126 | 648 | Ulla | Kleideiter | SUS Legden | | W50 | 3:31:11,65 |
| 127 | 461 | Daniela | Schubert | SCC Run Schleicher | | W35 | 3:31:12,90 |
| 128 | 419 | Susanne | Beck | SCC Run-Schleicher | | W55 | 3:31:12,95 |
| 129 | 306 | Andrea | Neidhold | | | W50 | 3:31:15,30 |
| 130 | 305 | Heike | Zimmer | HS-Werne | | W45 | 3:31:23,05 |
| 131 | 156 | Christel | Hölter | BSG Delphi Draka | | W60 | 3:31:32,50 |
| 132 | 163 | Annette | Böse | BSG Delphi Draka | | W40 | 3:31:32,65 |
| 133 | 286 | Margitta | Goldbeck | MTV Amelinghausen | | W50 | 3:32:47,10 |
| 134 | 614 | Anne | Rohn | | | W35 | 3:32:48,80 |
| 135 | 663 | Tanja | Wemhöner | active-shop Herford | | W35 | 3:33:48,70 |
| 136 | 51 | Susanne | Holtmann | Active Sportshop | | W40 | 3:33:48,80 |
| 137 | 363 | Ursula | Mohrhenn | BSG Delphi Draka | | W40 | 3:34:44,55 |
| 138 | 366 | Angelika | Sappelt | BSG Delphi Draka | | W50 | 3:34:44,75 |
| 139 | 303 | Susanne | Herold | Gallo Nero | | W50 | 3:34:51,25 |
| 140 | 330 | Grit | Zschoche | Renntiere | | W40 | 3:35:38,60 |
| 141 | 145 | Rebecca | Henkelmann | Post SV Gütersloh | | WHK | 3:35:54,75 |
| 142 | 87 | Elke | Hacker | Angerland LT | | W60 | 3:35:58,15 |
| 143 | 294 | Bettina | Steffen | TSVE 1890 Bielefeld | | W35 | 3:36:25,10 |
| 144 | 147 | Anette | Helmsorig | Post SV Gütersloh | | W50 | 3:36:46,10 |
| 145 | 121 | Dr. Kristine | von Engeln | ATOS Team | | W35 | 3:36:49,60 |
| 146 | 135 | Sabine | Brodersen | | | W50 | 3:37:19,00 |
| 147 | 214 | Carola | Karg | | | W50 | 3:37:59,50 |
| 148 | 119 | Annegret | Schröder | TV J. Schneverdingen | | W55 | 3:38:24,00 |
| 149 | 803 | Angelika | Hüging | TSV Tinum 66 | | W50 | 3:38:41,90 |
| 150 | 541 | Simone | Junker | TV Werne 03 | | W45 | 3:39:24,05 |
| 151 | 486 | Beate | Spiering | Deutsche Bank AG | | W50 | 3:39:33,80 |
| 152 | 30 | Renate | Schulz-Dickert | BSG Beiersdorf | | W60 | 3:39:34,50 |
| 153 | 460 | Inken | Schubien-Gerk | TV Gundelfingen | | W45 | 3:39:44,15 |
| 154 | 630 | Heike | Borchard | Lübbecker Berglöwen | | W45 | 3:40:04,40 |
| 155 | 358 | Birgitt | Haubenreißer | TSV Bokeloh | | W50 | 3:40:28,65 |
| 156 | 50 | Martina | Pahmeyer | DLRG Löhne | | W45 | 3:40:42,10 |
| 157 | 864 | Marlies | Draudt | | | W60 | 3:41:50,60 |
| 158 | 865 | Dr. Ulrike | Tonner | | | W30 | 3:41:50,60 |
| 159 | 61 | Pia Alexa | Becker | Gotorun | | W35 | 3:42:03,40 |
| 160 | 618 | Sabina | Kemme | | | W55 | 3:42:43,35 |
| 161 | 757 | Christiane | Günther | Sportteam Hamburg | | W35 | 3:43:14,50 |
| 162 | 647 | Dr. Claudia | Wendt | | | W30 | 3:43:42,85 |
| 163 | 646 | Melanie | Berkmann | | | W35 | 3:43:43,90 |
| 164 | 824 | Christine | Siem | VSG-Königslutter | | W45 | 3:43:44,20 |
| 165 | 823 | Anja | Röhrig | VSG-Königslutter | | WHK | 3:43:44,40 |
| 166 | 291 | Maria | Bellusci-Wittorf | | | W45 | 3:43:46,00 |
| 167 | 749 | Anja | Müller-Gutthof | Intersport Sylt | | W35 | 3:43:46,35 |
| 168 | 903 | Jennifer | Schütt | | | W30 | 3:45:09,25 |
| 169 | 816 | Alja | Bielke | | | W30 | 3:45:20,75 |
| 170 | 48 | Dr. Ulrike | Ramachers | TVU LT Uelzen | | W40 | 3:45:41,75 |
| 171 | 776 | Christiane | Barth | | | W40 | 3:46:50,50 |

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| 172 | 891 | Angelika | Ipsen | 1.Flensburger LT | | W50 | 3:47:18,35 |
| 173 | 924 | Sabine | Behrmann | BMTV | | W45 | 3:48:05,25 |
| 174 | 483 | Monika | Mohri | LT Nauen-Falkensee | | W45 | 3:48:39,00 |
| 175 | 155 | Edith | Reimann | BSG Delphi Draka | | W65 | 3:48:42,25 |
| 176 | 412 | Doris | Klomfass | | | W50 | 3:48:42,60 |
| 177 | 95 | Dina | Fiehn | LT Bernd Hübner | | W55 | 3:50:09,35 |
| 178 | 205 | Hildegard | Redmann | TUS Gildehaus | | W60 | 3:51:04,10 |
| 179 | 612 | Anne | Stein | TSG Sprockhövel | | W60 | 3:51:04,70 |
| 180 | 417 | Rita | Maas | LT Bernd Hübner | | W60 | 3:51:21,40 |
| 181 | 415 | Heike | Ritter | club alpha 60 | | W40 | 3:51:28,05 |
| 182 | 176 | Denise | Kümperling | Mottenburg | | W40 | 3:51:28,60 |
| 183 | 470 | Sigrid | Schmidt | LT Bernd Hübner | | W65 | 3:53:25,60 |
| 184 | 402 | Luzie | Boenigk | LC Stolpertruppe Bln | | W50 | 3:53:54,40 |
| 185 | 88 | Bärbel | Bornemann | LT Bernd Hübner | | W60 | 3:54:00,45 |
| 186 | 914 | Barbara | Griepentrog | TV Memmingen | | W45 | 3:54:09,20 |
| 187 | 352 | Martina | Jastremski | SV Munster | | W35 | 3:54:09,75 |
| 188 | 348 | Manuela | Valentien | SV Munster | | W45 | 3:54:09,80 |
| 189 | 384 | Claire | Bacon | | GBR | W30 | 3:55:05,20 |
| 190 | 844 | Regina | Huwald | | | W45 | 3:55:09,40 |
| 191 | 697 | Liane | Finnern | BSG DG HYP | | W45 | 3:55:13,10 |
| 192 | 37 | Sieglinde | Geffert | TVU LT Uelzen | | W60 | 3:55:38,70 |
| 193 | 567 | Margitta | Bilda | SV Turbine Neubrand. | | W60 | 3:55:42,00 |
| 194 | 136 | Sigrid | Blume | TVG Kaiserau | | W60 | 3:59:07,90 |
| 195 | 139 | Barbara | Neumann | SCC Parkflitzer | | W60 | 3:59:48,05 |
| 196 | 911 | Andrea | Tzscheetzsch | Asbach-Jogger | | W40 | 4:00:03,75 |