

# Ergebnisse Männer Syltlauf 2009

15.03.2009

| Platz | St-Nr. | Vorname    | Name        | Verein               | Ak. | Pl. | Zeit       |
|-------|--------|------------|-------------|----------------------|-----|-----|------------|
| 1.    | 259    | Markus     | Riefer      | SSC Hanau-Rodenbach  | M40 | 1.  | 2:08:01,80 |
| 2.    | 651    | Bernd      | Nedderhoff  | Lübbecker Berglöwen  | M50 | 1.  | 2:09:23,55 |
| 3.    | 364    | Jörg       | Deumann     | Post SV Uelzen       | M40 | 2.  | 2:09:24,60 |
| 4.    | 707    | Toni       | Amoros      | Arta Mallorca        | M30 | 1.  | 2:12:07,20 |
| 5.    | 400    | Frank      | Themsen     | LG Bremen-Nord       | M40 | 3.  | 2:14:48,00 |
| 6.    | 168    | Maximilian | Hrabowski   | LSG Karlsruhe        | M35 | 1.  | 2:15:34,60 |
| 7.    | 891    | Andreas    | Loetz       | TV Goch              | M40 | 4.  | 2:17:37,80 |
| 8.    | 764    | Henning    | Leppek      | Sport-Matzen         | M35 | 2.  | 2:18:55,40 |
| 9.    | 293    | Stefan     | Heidemann   | TVU LT Uelzen        | MHK | 1.  | 2:19:02,80 |
| 10.   | 539    | Karsten    | Kreysing    | Lübbecker Berglöwen  | M40 | 5.  | 2:21:31,90 |
| 11.   | 498    | Werner     | Van Dongen  |                      | M50 | 2.  | 2:22:14,20 |
| 12.   | 37     | Frank      | Giesen      | HSG UNI Greifswald   | M35 | 3.  | 2:22:23,65 |
| 13.   | 53     | Stephan    | Gerlach     | SV Blankenese        | M35 | 4.  | 2:22:42,75 |
| 14.   | 405    | Henning    | Olund       | Odder Atletik        | M40 | 6.  | 2:24:02,20 |
| 15.   | 346    | Thorsten   | Seemann     | Non Stop Ultra       | M35 | 5.  | 2:24:24,70 |
| 16.   | 826    | Benjamin   | Rocca       | USRA                 | M35 | 6.  | 2:24:58,25 |
| 17.   | 692    | Markus     | Sader       |                      | M40 | 7.  | 2:25:23,20 |
| 18.   | 654    | Tunga      | Salthammer  | Uni Sport BS         | M45 | 1.  | 2:25:38,10 |
| 19.   | 507    | Peter      | Dumstrei    | MTV Leck             | M45 | 2.  | 2:25:45,60 |
| 20.   | 340    | Thomas     | Behrendt    | Polizei Berlin       | M45 | 3.  | 2:25:54,55 |
| 21.   | 88     | Günther    | Brodersen   | SV Enge Sande        | M50 | 3.  | 2:26:09,60 |
| 22.   | 863    | Emmanuel   | Dupuis      | USRA                 | MHK | 2.  | 2:26:25,20 |
| 23.   | 348    | Jürgen     | Petersen    | SV Enge Sande        | M40 | 8.  | 2:26:46,20 |
| 24.   | 360    | Jörg       | Graage      | SV Enge Sande        | M40 | 9.  | 2:26:55,50 |
| 25.   | 528    | Heinz      | Dankers     | LAV Hamburg-Nord     | M45 | 4.  | 2:27:56,20 |
| 26.   | 665    | Dr. Utz    | Meyer-Reim  | Weiss-Blau Allianz   | M45 | 5.  | 2:28:09,40 |
| 27.   | 640    | Andre      | Lange       | TUS Fintel           | M40 | 10. | 2:28:11,45 |
| 28.   | 150    | Dietmar    | Weide       | Moorläufer           | M50 | 4.  | 2:28:17,30 |
| 29.   | 390    | Tobias     | Herbert     | SC Barolo Bensheim   | M40 | 11. | 2:28:23,25 |
| 30.   | 237    | Werner     | Bohr        | Spiridon Frankfurt   | M60 | 1.  | 2:28:44,20 |
| 31.   | 534    | Marko      | Dropp       | Lübbecker Berglöwen  | M35 | 7.  | 2:28:47,70 |
| 32.   | 357    | Sven       | Waschow     | HSG UNI Greifswald   | M30 | 2.  | 2:28:54,30 |
| 33.   | 120    | Christoph  | Jaekel      | BSG DESY             | M35 | 8.  | 2:29:46,30 |
| 34.   | 438    | Hans Georg | Spliethoff  | BSG Otto             | M40 | 12. | 2:30:09,05 |
| 35.   | 381    | Lukas      | Linden      | Ostring              | MJ  | 1.  | 2:30:15,10 |
| 36.   | 149    | Wolfgang   | Lautensack  |                      | M50 | 5.  | 2:30:26,60 |
| 37.   | 40     | Peter      | Kanis       | Mainz                | M55 | 1.  | 2:30:43,05 |
| 38.   | 321    | Jan Peter  | Firnges     | HSH Nordbank         | M40 | 13. | 2:31:45,90 |
| 39.   | 141    | Michael    | Wimmer      | LT Bernd Hübner      | M30 | 3.  | 2:32:02,65 |
| 40.   | 300    | Andreas    | Löwe        | LG Bad Soden Neuenh. | M40 | 14. | 2:32:13,20 |
| 41.   | 671    | Carsten    | Moeker      | MTV Vorsfelde        | M40 | 15. | 2:32:23,25 |
| 42.   | 110    | Wolfgang   | Häuser      | Spiridon Frankfurt   | M50 | 6.  | 2:32:37,95 |
| 43.   | 375    | Klaus      | Wilde       | BSG SG Haspa HH      | M50 | 7.  | 2:32:59,35 |
| 44.   | 198    | Uwe        | Kurfürst    | LG Lüneburg          | M40 | 16. | 2:33:06,35 |
| 45.   | 616    | Holger     | Deifuß      | Tinum 66             | M40 | 17. | 2:33:08,60 |
| 46.   | 139    | Michael    | Sierk       | Bundespolizei        | M45 | 6.  | 2:33:14,50 |
| 47.   | 546    | Rolf       | Nentwich    | Lübbecker Berglöwen  | M40 | 18. | 2:33:16,60 |
| 48.   | 234    | Klaus      | Steinbreder | SC Melle 03          | M45 | 7.  | 2:33:25,45 |
| 49.   | 927    | Torsten    | Sobirey     |                      | M35 | 9.  | 2:33:26,20 |
| 50.   | 183    | Reiner     | Saykowski   | TSV Flintbek         | M45 | 8.  | 2:33:29,75 |
| 51.   | 774    | Stefan     | Bergner     | BSG Polizei HH       | M45 | 9.  | 2:33:50,80 |
| 52.   | 584    | Jörg       | Ahrens      | Trias Flensburg      | M50 | 8.  | 2:34:11,05 |

| Platz | St-Nr. | Vorname     | Name         | Verein               | Ak. | Pl. | Zeit       |
|-------|--------|-------------|--------------|----------------------|-----|-----|------------|
| 53.   | 154    | Christopher | Ernst        |                      | M30 | 4.  | 2:34:22,50 |
| 54.   | 544    | Horst       | Kruse        | Lübbecker Berglöwen  | M45 | 10. | 2:34:23,90 |
| 55.   | 542    | Jürgen      | Kienker      | Lübbecker Berglöwen  | M45 | 11. | 2:34:30,00 |
| 56.   | 153    | Carsten     | Ernst        |                      | M35 | 10. | 2:34:35,65 |
| 57.   | 178    | Thorleiv    | Werner       |                      | M40 | 19. | 2:35:10,90 |
| 58.   | 135    | Holger      | Wolf         |                      | M40 | 20. | 2:35:33,80 |
| 59.   | 656    | Thorsten    | Jahn         | TSV Lelm             | M40 | 21. | 2:36:40,70 |
| 60.   | 653    | Frank       | Krach        | PSV-Braunschweig     | M40 | 22. | 2:36:55,95 |
| 61.   | 155    | Jan-Pidder  | Güttner      | Barmstedter MTV      | M40 | 23. | 2:37:04,45 |
| 62.   | 193    | Michael     | Trümper      | TVU LT Uelzen        | M40 | 24. | 2:37:15,60 |
| 63.   | 641    | Rene        | Feil         | TV J. Schneverdingen | M35 | 11. | 2:37:16,45 |
| 64.   | 86     | Philipp     | Edlich       | HSG Schoningen/Uslar | M35 | 12. | 2:37:28,95 |
| 65.   | 34     | Ole         | Sporleder    | 100 Marathon Club    | M40 | 25. | 2:37:31,70 |
| 66.   | 710    | Björn       | Rjx          | TSV Tinum 66         | M30 | 5.  | 2:37:40,65 |
| 67.   | 488    | Dietmar     | König        | Harburger SC         | M55 | 2.  | 2:37:44,70 |
| 68.   | 401    | Morten      | Thuesen      | Odder Athletik       | M35 | 13. | 2:37:45,00 |
| 69.   | 140    | Andre       | Bong         | SC Bayer Uerdingen   | M45 | 12. | 2:37:48,80 |
| 70.   | 336    | Ralf        | Patzer       |                      | M40 | 26. | 2:38:04,25 |
| 71.   | 84     | Bernd       | Steiniger    |                      | M35 | 14. | 2:38:12,20 |
| 72.   | 261    | Lars        | Staubermann  |                      | M40 | 27. | 2:38:19,05 |
| 73.   | 276    | Thomas      | Rafflenbeul  | Delphi Draka         | M45 | 13. | 2:38:20,30 |
| 74.   | 195    | Herbert     | Kuppers      | DJK Gillrath         | M40 | 28. | 2:38:29,55 |
| 75.   | 452    | Michael     | Heine        | Team Erdinger A      | M60 | 2.  | 2:38:39,35 |
| 76.   | 605    | Niels       | Burrichter   |                      | M40 | 29. | 2:38:39,40 |
| 77.   | 433    | Wolfgang    | Westphal     | FC Voran Ohe         | M55 | 3.  | 2:38:43,20 |
| 78.   | 796    | Dirk        | Timpke       | Polizei SV Eutin     | M35 | 15. | 2:39:14,30 |
| 79.   | 122    | Christian   | Mette        | SF Klein Reken       | M40 | 30. | 2:39:22,00 |
| 80.   | 382    | Dirk        | Predki       | LT Florstadt         | M45 | 14. | 2:39:29,05 |
| 81.   | 541    | Henning     | Lütke-meier  | Lübbecker Berglöwen  | M40 | 31. | 2:39:51,00 |
| 82.   | 899    | Klaus       | Gleißmann    | TVU LT Uelzen        | M45 | 15. | 2:40:15,20 |
| 83.   | 164    | Horst       | Clemens      | LC Paderborn         | M70 | 1.  | 2:40:17,95 |
| 84.   | 591    | René N.     | Ritter       | SV-Altencelle        | M40 | 32. | 2:40:41,15 |
| 85.   | 787    | Pierre      | Gbonfon      | TSV Westerland       | M30 | 6.  | 2:40:50,60 |
| 86.   | 582    | Bert        | Escher       | SV Altencelle        | M35 | 16. | 2:40:58,45 |
| 87.   | 54     | Gunnar      | Rahn         |                      | M35 | 17. | 2:40:58,50 |
| 88.   | 131    | Ole         | Schmidt      |                      | M40 | 33. | 2:41:01,95 |
| 89.   | 536    | Bernhard    | Bittner      | Lübbecker Berglöwen  | M50 | 9.  | 2:41:17,10 |
| 90.   | 916    | Gerhard     | Hansen       |                      | M45 | 16. | 2:41:38,20 |
| 91.   | 628    | Thomas      | Keßner       | Gymnas.a.Ostring     | M40 | 34. | 2:41:39,15 |
| 92.   | 374    | Jan         | Pohnke       | TSV Buchholz 08      | M45 | 17. | 2:41:41,70 |
| 93.   | 93     | Alexander   | Deutz        | A3 Tritteam RSG      | M40 | 35. | 2:42:29,20 |
| 94.   | 75     | Martin      | Hummelsheim  |                      | M40 | 36. | 2:42:34,70 |
| 95.   | 220    | Michael     | Heuer        | LAV Hamburg-Nord     | M50 | 10. | 2:43:09,70 |
| 96.   | 543    | Wolfgang    | Haake        | Lübbecker Berglöwen  | M45 | 18. | 2:43:11,70 |
| 97.   | 201    | Berthold    | Rämisch      | LG-Süd Berlin        | M50 | 11. | 2:43:24,95 |
| 98.   | 410    | Claus Buur  | Rasmussen    | Odder Athletik       | M40 | 37. | 2:43:25,25 |
| 99.   | 251    | Jörg        | Tschirch     | Werk3-Triathlon      | M45 | 19. | 2:43:25,30 |
| 100.  | 145    | Uwe         | Bolz         | VfR Voxtrup          | M55 | 4.  | 2:43:38,95 |
| 101.  | 857    | Frederic    | Glerant      | USRA                 | M40 | 38. | 2:43:50,55 |
| 102.  | 926    | Jörg        | Strunz       | Uni Sport BS         | M40 | 39. | 2:43:55,50 |
| 103.  | 545    | Dieter      | Klostermeier | Lübbecker Berglöwen  | M45 | 20. | 2:44:01,05 |
| 104.  | 631    | Norbert     | Kozieras     | ERGO Sports HH       | M55 | 5.  | 2:44:02,05 |
| 105.  | 561    | Dirk        | Petersen     | TSV Westerland       | M40 | 40. | 2:44:07,25 |
| 106.  | 345    | Michael     | Brinker      | TSVE 1890 Bielefeld  | M45 | 21. | 2:44:11,00 |
| 107.  | 853    | Philippe    | Roux         | USRA                 | M60 | 3.  | 2:44:16,45 |

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|-------|--------|--------------|---------------|--------------------------|-----|-----|------------|
| 108.  | 366    | Charly       | Böger         | LT Kenkel Vechta         | M55 | 6.  | 2:44:18,70 |
| 109.  | 397    | Hans-Peter   | Kreienborg    | Lauf-Team-Kenkel         | M50 | 12. | 2:44:18,90 |
| 110.  | 491    | Lars         | Soenksen      |                          | M30 | 7.  | 2:44:20,90 |
| 111.  | 795    | Sven         | Papendorf     | Astra Urtypen            | M35 | 18. | 2:44:52,15 |
| 112.  | 243    | Stefan       | Pulkenat      | LT Rüniger Roadrunner    | M45 | 22. | 2:44:57,40 |
| 113.  | 767    | Andreas      | Menker        |                          | M45 | 23. | 2:44:59,95 |
| 114.  | 923    | Martin       | Ferchen       |                          | MHK | 3.  | 2:45:06,05 |
| 115.  | 860    | Jean-Marie   | Amary         | USRA                     | M65 | 1.  | 2:45:22,30 |
| 116.  | 358    | Torsten      | Last          | HSG UNI Greifswald       | M45 | 24. | 2:45:24,95 |
| 117.  | 632    | Friedhelm    | Gehle         | BSG BA Eimsbüttel        | M50 | 13. | 2:45:49,85 |
| 118.  | 177    | Torsten      | Prigge        | LT Bernd Hübner          | M45 | 25. | 2:45:51,55 |
| 119.  | 650    | Franz        | Mayer         |                          | M30 | 8.  | 2:45:56,10 |
| 120.  | 642    | Karl-Heinz   | Ziethen       | BSG-Hochbahn BSV-HH      | M55 | 7.  | 2:46:03,20 |
| 121.  | 874    | Dietmar      | Müller        |                          | M50 | 14. | 2:46:04,70 |
| 122.  | 82     | Eckhard      | Molenda       | SV Einheit Ueckermünde   | M50 | 15. | 2:46:17,15 |
| 123.  | 649    | Bernd        | Kocher        |                          | M35 | 19. | 2:46:22,45 |
| 124.  | 461    | Maik         | Ingwersen     | SV Potsdam               | M45 | 26. | 2:46:24,50 |
| 125.  | 882    | Willy        | Lettmann      |                          | M50 | 16. | 2:46:29,75 |
| 126.  | 156    | Andreas      | Theel         | Barmstedter MTV          | M40 | 41. | 2:46:38,55 |
| 127.  | 617    | Heiner       | Lütgert       | TSVE 1890 Bielefeld      | M40 | 42. | 2:47:30,20 |
| 128.  | 912    | Thorsten     | Ullrich       | Tri Team Königsluther    | M40 | 43. | 2:47:33,20 |
| 129.  | 407    | Peter        | Rasmussen     | Odder Atletik            | M40 | 44. | 2:47:35,90 |
| 130.  | 351    | Bernd        | Thomsen       |                          | M45 | 27. | 2:47:41,40 |
| 131.  | 716    | Manfred      | Winkler       | TSV RW Niebüll           | M50 | 17. | 2:47:45,60 |
| 132.  | 10     | Heinz-Günter | Rullkötter    | Lübbecker Berglöwen      | M65 | 2.  | 2:47:47,50 |
| 133.  | 133    | Joachim      | Wind          | MTV Heide                | M50 | 18. | 2:47:54,95 |
| 134.  | 143    | Frank        | Schröder      |                          | M45 | 28. | 2:48:18,25 |
| 135.  | 664    | Christian    | Hottgenroth   |                          | M45 | 29. | 2:48:24,20 |
| 136.  | 181    | Lutz         | Bittner       | Tornesch Triath          | M50 | 19. | 2:48:44,00 |
| 137.  | 41     | Dietmar      | Behrens       | TSV-Travemünde           | M50 | 20. | 2:48:44,05 |
| 138.  | 186    | Peter        | Kliem         | Sportfreunde Klein Reken | M45 | 30. | 2:48:51,65 |
| 139.  | 48     | Gottlieb     | Schwarz       | LT Bernd Hübner          | M55 | 8.  | 2:48:58,45 |
| 140.  | 137    | Jörg         | Schmelter     |                          | M45 | 31. | 2:49:03,20 |
| 141.  | 392    | Klaus        | Zieringer     | SC Barolo Bensheim       | M40 | 45. | 2:49:30,30 |
| 142.  | 551    | Uwe          | Lorenzen      | TSV Niebüll              | M50 | 21. | 2:49:45,15 |
| 143.  | 470    | Holger       | Buchhorn      | TUS GAD/STK              | M40 | 46. | 2:49:49,40 |
| 144.  | 119    | Hans-Jürgen  | Kunze         | Spiridon Frankfurt       | M40 | 47. | 2:49:50,90 |
| 145.  | 823    | Frank        | Schulz-Soltau |                          | M50 | 22. | 2:49:59,40 |
| 146.  | 89     | Wolfhart     | Einsel        | LAZ Celle                | M60 | 4.  | 2:50:06,95 |
| 147.  | 176    | Matthias     | Kluge         |                          | M45 | 32. | 2:50:26,70 |
| 148.  | 603    | Peter        | Schmidt       | TC Westerland            | M40 | 48. | 2:50:28,40 |
| 149.  | 386    | Helmut       | Konir         | Spiridon Frankfurt       | M45 | 33. | 2:50:28,90 |
| 150.  | 493    | Claas        | Voigt         | Triabolos HH e.V.        | M35 | 20. | 2:50:39,30 |
| 151.  | 842    | Fabian       | Puescher      | TSV Westerland           | MHK | 4.  | 2:50:43,50 |
| 152.  | 270    | Jörg         | Hirrlé        | TVU LT Uelzen            | M40 | 49. | 2:50:45,45 |
| 153.  | 885    | Thomas       | Bantje        | LG Rendsburg             | M45 | 34. | 2:50:50,90 |
| 154.  | 572    | Jochen       | Steigmeier    |                          | M35 | 21. | 2:50:57,20 |
| 155.  | 728    | Dr. Stefan   | Dewey         |                          | M50 | 23. | 2:50:59,10 |
| 156.  | 130    | Albert       | Bölke         |                          | M50 | 24. | 2:51:04,90 |
| 157.  | 476    | Uwe          | Erichsen      | SV Elsdorf               | M50 | 25. | 2:51:05,40 |
| 158.  | 700    | Matthias     | Wecke         | MTV Heide                | M30 | 9.  | 2:51:24,50 |
| 159.  | 395    | Heinrich     | Kaluza        | RLT Rodgau               | M50 | 26. | 2:51:29,75 |
| 160.  | 337    | Klaus        | Unterspann    | Halstenbecker TS         | M65 | 3.  | 2:51:35,90 |
| 161.  | 840    | Hubertus     | Meinecke      |                          | M35 | 22. | 2:51:43,50 |
| 162.  | 205    | Lars         | Knothe        | Tria S FL                | M35 | 23. | 2:51:49,60 |

| Platz | St-Nr. | Vorname      | Name        | Verein                 | Ak. | Pl. | Zeit       |
|-------|--------|--------------|-------------|------------------------|-----|-----|------------|
| 163.  | 554    | Richard      | Karlstetter |                        | M45 | 35. | 2:52:02,20 |
| 164.  | 356    | Uwe          | Janßen      | TUS Holstein Quickborn | M45 | 36. | 2:52:06,75 |
| 165.  | 158    | Markus       | Priebe      | Barmstedter MTV        | M40 | 50. | 2:52:28,10 |
| 166.  | 292    | Wolfgang     | Neumann     |                        | M55 | 9.  | 2:52:37,90 |
| 167.  | 747    | Peer         | Paulsen     |                        | M40 | 51. | 2:52:50,60 |
| 168.  | 523    | Jens         | Wagner      | Olympia Neumünster     | M50 | 27. | 2:52:54,40 |
| 169.  | 22     | Gerald       | Henningsen  |                        | M45 | 37. | 2:52:56,30 |
| 170.  | 208    | Martin       | Schwake     | FC Bissendorf          | M50 | 28. | 2:52:57,20 |
| 171.  | 657    | Stefan       | Langen      |                        | M50 | 29. | 2:52:58,80 |
| 172.  | 904    | Alan         | Taylor      | Abergele Harriers      | M55 | 10. | 2:52:59,20 |
| 173.  | 396    | Christian    | Schmidt     | Team Laufstil          | M30 | 10. | 2:53:03,65 |
| 174.  | 721    | Relaf        | Tantzen     | Katana Zeven           | M50 | 30. | 2:53:32,10 |
| 175.  | 121    | Martin       | Hallassek   | Moorläufer             | M55 | 11. | 2:54:02,00 |
| 176.  | 144    | Dr. Joachim  | Hagemann    | LG Osnabrück           | M50 | 31. | 2:54:04,40 |
| 177.  | 215    | Thomas       | Hage        | Energie Lünen          | M35 | 24. | 2:54:25,85 |
| 178.  | 216    | Markus       | Hage        | Energie Lünen          | M35 | 25. | 2:54:26,15 |
| 179.  | 486    | Klaus Otto   | Klimek      |                        | M55 | 12. | 2:54:27,60 |
| 180.  | 786    | Niels        | Frederiksen | Odder Atletik          | M50 | 32. | 2:54:55,95 |
| 181.  | 284    | Olaf         | Tanto       | LG Marienfeld          | M35 | 26. | 2:54:56,55 |
| 182.  | 403    | Lars         | Christensen | Odder Atletik          | M45 | 38. | 2:55:00,60 |
| 183.  | 504    | Dr. Peter    | Willmann    |                        | M50 | 33. | 2:55:00,85 |
| 184.  | 97     | Reinhard     | Crone       | LG Osnabrück           | M55 | 13. | 2:55:02,35 |
| 185.  | 223    | Nils         | Bauer       | MC Cappenberg          | MHK | 5.  | 2:55:04,50 |
| 186.  | 315    | Moritz       | Timte       | MC Cappenberg          | MHK | 6.  | 2:55:04,60 |
| 187.  | 240    | Thomas       | Stampa      | Flinke Flemhuder       | M45 | 39. | 2:55:17,30 |
| 188.  | 886    | Martin       | Wiesenhöfer | ASV Köln               | M45 | 40. | 2:55:29,40 |
| 189.  | 36     | Jan          | Brede       | MTV Heide              | M35 | 27. | 2:55:34,95 |
| 190.  | 806    | Ludger       | Blass       |                        | M50 | 34. | 2:55:36,75 |
| 191.  | 249    | Michael      | Bohnsack    | LAV Alfeld             | M40 | 52. | 2:55:58,60 |
| 192.  | 260    | Ulrich       | Kracht      |                        | M45 | 41. | 2:56:10,15 |
| 193.  | 288    | Karl Günter  | Eggersmann  | LG Marienfeld          | M45 | 42. | 2:56:19,60 |
| 194.  | 263    | Klaus        | Hoppe       | Laufftreff Buxtehude   | M45 | 43. | 2:56:23,80 |
| 195.  | 63     | Klaus        | Dokus       | LAV Husum              | M40 | 53. | 2:56:25,65 |
| 196.  | 255    | Friehelm     | Labrenz     | LAV Alfeld             | M55 | 14. | 2:56:33,15 |
| 197.  | 406    | Olav         | Christensen | Odder Atletik          | M55 | 15. | 2:56:49,00 |
| 198.  | 19     | Michael      | Meier       |                        | M50 | 35. | 2:56:50,30 |
| 199.  | 604    | Matthias     | Gebauer     |                        | M45 | 44. | 2:57:00,80 |
| 200.  | 587    | Christian    | Stief       | Post SV Hannover       | M50 | 36. | 2:57:03,90 |
| 201.  | 608    | Alois        | Bäuml       | LVR Geiselhöring       | M45 | 45. | 2:57:08,40 |
| 202.  | 225    | Jörg         | Kreuder     | Ohligser TV            | M40 | 54. | 2:57:11,45 |
| 203.  | 254    | Jürgen       | Grommas     | LAV Alfeld             | M60 | 5.  | 2:57:24,00 |
| 204.  | 162    | Rouven       | Spies       |                        | M30 | 11. | 2:57:25,50 |
| 205.  | 160    | Gunnar       | Jans        |                        | M40 | 55. | 2:57:35,05 |
| 206.  | 684    | Christian    | Schlums     | WSV 1921 Wolfenbüttel  | M45 | 46. | 2:57:38,70 |
| 207.  | 558    | Olaf         | Lemkemeyer  | VHV Versicherungen     | M45 | 47. | 2:57:43,10 |
| 208.  | 274    | Jens         | Brummermann | Augathonis Hannover    | M40 | 56. | 2:57:43,10 |
| 209.  | 318    | Stefan       | Klar        | LAV Habelrath          | MHK | 7.  | 2:57:47,25 |
| 210.  | 835    | Alf          | Böhme       |                        | M45 | 48. | 2:57:50,70 |
| 211.  | 462    | Thomas       | Burow       | Hohenasper SC          | M45 | 49. | 2:58:08,55 |
| 212.  | 101    | Andreas      | Hornig      |                        | M45 | 50. | 2:58:17,55 |
| 213.  | 262    | Manfred      | Graupe      | LAV Alfeld             | M50 | 37. | 2:58:18,80 |
| 214.  | 105    | Guido        | Schulte     | SUS Westenholz         | M40 | 57. | 2:58:27,10 |
| 215.  | 600    | Joachim      | Rabeler     | Timmum 66              | M45 | 51. | 2:58:41,20 |
| 216.  | 919    | Rico         | Heymel      |                        | M35 | 28. | 2:58:44,40 |
| 217.  | 60     | Hans-Joachim | Michael     | OTB Osnabrück          | M60 | 6.  | 2:58:45,25 |

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| 218.  | 868    | Ralf        | Möller       | TSV Westerland       | M45 | 52. | 2:58:48,45 |
| 219.  | 705    | Thorsten    | Ehler        |                      | M40 | 58. | 2:58:56,65 |
| 220.  | 496    | Burkhard    | Stoffel      | DJK Grün-Weiß Werl   | M40 | 59. | 2:59:09,60 |
| 221.  | 805    | Michael     | Laukens      |                      | M50 | 38. | 2:59:09,95 |
| 222.  | 206    | Uwe         | Navrath      | DJK-Elmar-Kohls      | M45 | 53. | 2:59:13,55 |
| 223.  | 569    | Jürgen      | Burmeister   | LT Meiendorf         | M70 | 2.  | 2:59:29,30 |
| 224.  | 309    | Peter       | Orth         | LG Vellmar           | M65 | 4.  | 2:59:37,15 |
| 225.  | 780    | Kai         | Kegelmann    | Teutonia Hausen      | MHK | 8.  | 2:59:44,10 |
| 226.  | 222    | Wolfgang    | Jensen       |                      | M60 | 7.  | 2:59:44,30 |
| 227.  | 714    | Marco       | Tonini       | SVA Triathlon        | M40 | 60. | 2:59:54,80 |
| 228.  | 450    | Bernhard    | Boshammer    | TV Werne 03          | M60 | 8.  | 3:00:07,40 |
| 229.  | 377    | Holger      | Ribbeck      | SUS Waldenau         | M45 | 54. | 3:00:07,70 |
| 230.  | 66     | Vincenzo    | Bellusci     | Spiros Kerkyra       | M35 | 29. | 3:00:19,55 |
| 231.  | 27     | Bernd       | Hübner       | LT Bernd Hübner      | M60 | 9.  | 3:00:22,45 |
| 232.  | 556    | Jörg        | Biermann     |                      | M40 | 61. | 3:00:42,65 |
| 233.  | 314    | Manfred     | Othmer       | SG Eon Ruhrgas       | M60 | 10. | 3:01:05,15 |
| 234.  | 50     | Manfred     | Goldbeck     | MTV Amelinghausen    | M50 | 39. | 3:01:09,25 |
| 235.  | 33     | Niels       | Fricke       |                      | M40 | 62. | 3:01:24,65 |
| 236.  | 423    | Alfred      | Schippels    | TUS Holtenau         | M70 | 3.  | 3:01:49,70 |
| 237.  | 399    | Werner      | Behle        |                      | M40 | 63. | 3:02:03,40 |
| 238.  | 725    | Paul        | Schumann     | LC Dosse             | M35 | 30. | 3:02:08,35 |
| 239.  | 367    | Wilfried    | Poschacher   | MTV Wolfenbüttel     | M60 | 11. | 3:02:11,55 |
| 240.  | 165    | Guenter     | Hoeller      | SF Klein Reken       | M45 | 55. | 3:02:15,00 |
| 241.  | 369    | Klaus       | Knischewski  | Knickel              | M45 | 56. | 3:02:18,90 |
| 242.  | 576    | Dr. Stephan | Karlsfeld    |                      | M40 | 64. | 3:02:19,50 |
| 243.  | 511    | Martin      | Koiky        |                      | M40 | 65. | 3:03:00,80 |
| 244.  | 185    | Herbert     | Büning       | SF Klein Reken       | M45 | 57. | 3:03:06,90 |
| 245.  | 256    | Edmund      | Ullrich      | Delphi Draka         | M55 | 16. | 3:03:17,20 |
| 246.  | 793    | Wolfgang    | Schaffarzyk  | HSG UNI Greifswald   | M50 | 40. | 3:03:22,00 |
| 247.  | 303    | Sven        | Beck         | Team Pilgrimhaus     | M40 | 66. | 3:03:25,30 |
| 248.  | 95     | Torsten     | Rüter        | SF Klein Reken       | M30 | 12. | 3:03:27,90 |
| 249.  | 779    | Stephan     | Kegelmann    | Kickers Offenbach    | M50 | 41. | 3:03:34,50 |
| 250.  | 818    | Oliver      | Wohlrab      |                      | M35 | 31. | 3:03:36,20 |
| 251.  | 903    | Alvin       | Lau          |                      | M55 | 17. | 3:03:43,90 |
| 252.  | 56     | Rüdiger     | Schaller     | DZ Bank Runners      | M50 | 42. | 3:04:04,65 |
| 253.  | 127    | Detlef      | Klups        |                      | M55 | 18. | 3:04:23,55 |
| 254.  | 679    | Guido       | Balsing      | TSVE 1890 Bielefeld  | M40 | 67. | 3:04:26,30 |
| 255.  | 35     | Alwin       | Sals         | MTV Heide            | M60 | 12. | 3:04:47,20 |
| 256.  | 302    | Christian   | van dem Berg | Team Pilgrimhaus     | M40 | 68. | 3:04:55,65 |
| 257.  | 812    | Hans        | Reinhold     | VFL Luhetal          | M60 | 13. | 3:04:57,00 |
| 258.  | 469    | Wilhelm     | Prigge       |                      | M40 | 69. | 3:04:57,50 |
| 259.  | 78     | Gerhard     | Oehme        | TV Derendingen       | M65 | 5.  | 3:05:12,80 |
| 260.  | 477    | Marcel      | Lietz        |                      | M40 | 70. | 3:05:18,70 |
| 261.  | 758    | Oliver      | Boettiger    |                      | M40 | 71. | 3:05:32,50 |
| 262.  | 182    | Gregor      | Kuhlmann     | Die schwarzen Heiden | M45 | 58. | 3:05:51,50 |
| 263.  | 614    | Marcus      | Stenzel      | Post-SV Gütersloh    | M30 | 13. | 3:05:53,85 |
| 264.  | 751    | Thomas      | Fechner      |                      | MHK | 9.  | 3:05:55,80 |
| 265.  | 893    | Dr. Ingo    | Flore        |                      | M45 | 59. | 3:06:02,90 |
| 266.  | 639    | Dirk        | Grospitz     | Angerland LT Lintorf | M40 | 72. | 3:06:09,00 |
| 267.  | 778    | Andreas     | Kegelmann    | Kickers Offenbach    | M45 | 60. | 3:06:22,80 |
| 268.  | 157    | Michael     | Rattay       | Barmstedter MTV      | M45 | 61. | 3:06:26,55 |
| 269.  | 627    | Markus      | Heine        | MTV Bispingen        | M40 | 73. | 3:06:41,05 |
| 270.  | 699    | Dennis      | Bienia       |                      | MHK | 10. | 3:06:45,55 |
| 271.  | 574    | Olaf        | Janitza      |                      | M40 | 74. | 3:06:52,10 |
| 272.  | 440    | Heiko       | Krohn        | LT Haseldorf Marsch  | M45 | 62. | 3:06:59,00 |

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| 273.  | 112    | Dietmar         | Schumacher            | SF Klein Reken      | M40 | 75. | 3:07:36,15 |
| 274.  | 211    | Jürgen          | Kerber                | LT Düsseldorf       | M55 | 19. | 3:07:55,50 |
| 275.  | 888    | Karl            | Lieke                 |                     | M55 | 20. | 3:07:58,20 |
| 276.  | 659    | Huppertz        | Marco                 |                     | M50 | 43. | 3:07:59,15 |
| 277.  | 660    | Jürgen          | Wolf                  | AIR Berlin          | M45 | 63. | 3:07:59,20 |
| 278.  | 663    | Achim           | Hanf                  |                     | M45 | 64. | 3:07:59,25 |
| 279.  | 282    | Karsten         | Ewald                 | TVU LT Uelzen       | M30 | 14. | 3:08:10,60 |
| 280.  | 387    | Uwe             | Rappe                 | Spiridon Frankfurt  | M40 | 76. | 3:08:27,90 |
| 281.  | 96     | Axel            | Schilling             | Sportfreunde List   | M45 | 65. | 3:08:32,30 |
| 282.  | 146    | Manfred         | Arens                 | SC Melle 03         | M55 | 21. | 3:09:05,30 |
| 283.  | 394    | Bernhard        | Lorenz                | LG Rodgau           | M50 | 44. | 3:09:18,10 |
| 284.  | 494    | Werner          | Ramm                  | TSV Kremperheide    | M55 | 22. | 3:09:20,55 |
| 285.  | 359    | Matthias        | Leinweber             | ML-Werne            | M45 | 66. | 3:09:22,25 |
| 286.  | 521    | Dieter          | Horst                 | E.ON Ruhrgas        | M45 | 67. | 3:09:42,70 |
| 287.  | 625    | Jörn            | Denhard               |                     | M35 | 32. | 3:09:47,70 |
| 288.  | 219    | Reinhard        | Kreis                 | Team Erdinger A     | M55 | 23. | 3:10:22,70 |
| 289.  | 864    | Jürgen          | Heller                |                     | M45 | 68. | 3:10:30,40 |
| 290.  | 379    | Torsten         | Riemenschneider       | SUS Waldenau        | M45 | 69. | 3:10:32,15 |
| 291.  | 404    | Jörn            | Bonde                 | Odder Atletik       | M35 | 33. | 3:10:56,90 |
| 292.  | 408    | Hans Lindhøj    | Nielsen               | Odder Atletik       | M55 | 24. | 3:10:57,10 |
| 293.  | 44     | Hans-Peter      | Hinz                  | TC Westerland       | M45 | 70. | 3:11:06,60 |
| 294.  | 742    | Nils            | Obermann              | SV Polizei HH       | M35 | 34. | 3:11:15,30 |
| 295.  | 233    | Klaus           | Schnittert            |                     | M60 | 14. | 3:11:33,35 |
| 296.  | 851    | Wolfgang        | Heimken               |                     | M60 | 15. | 3:11:33,90 |
| 297.  | 550    | Wolfgang        | Ulrichs               | Lübbecker Berglöwen | M40 | 77. | 3:11:58,30 |
| 298.  | 468    | Stefan          | Sarge                 |                     | MHK | 11. | 3:11:58,90 |
| 299.  | 76     | Albert          | Lichtenstern          | TG Victoria Aug.    | M30 | 15. | 3:12:04,55 |
| 300.  | 503    | Jörn            | Schlüter              | TSV Westerland      | M35 | 35. | 3:12:27,85 |
| 301.  | 15     | Achim           | Rohde                 | TSV Westerland      | M45 | 71. | 3:12:29,30 |
| 302.  | 740    | Florian         | Römer                 |                     | M30 | 16. | 3:12:41,55 |
| 303.  | 104    | Michael         | Schubert              | LT Bernd Hübner     | M40 | 78. | 3:12:46,85 |
| 304.  | 241    | Joachim         | Rehm                  |                     | M60 | 16. | 3:12:50,60 |
| 305.  | 871    | Dirk            | Hansen                |                     | M45 | 72. | 3:13:06,70 |
| 306.  | 126    | Hans-Jürgen     | Schmidt               |                     | M60 | 17. | 3:13:06,85 |
| 307.  | 109    | Dieter          | Spitzcok v. Brisinski | TV Jahn Oelde       | M40 | 79. | 3:13:14,50 |
| 308.  | 718    | Julian          | Schülke               | SV Altencelle       | MHK | 12. | 3:13:56,20 |
| 309.  | 790    | Sebastian       | Fischer               | SVS Waldenau        | M30 | 17. | 3:13:56,80 |
| 310.  | 363    | Wolfgang        | Sievers               | SUS Waldenau        | M50 | 45. | 3:13:56,90 |
| 311.  | 425    | Raimund         | Sturm                 | LT Aalen Aalbümlle  | M55 | 25. | 3:14:04,30 |
| 312.  | 519    | Detlev Le       | Juge                  | TTV                 | M40 | 80. | 3:14:25,70 |
| 313.  | 212    | Frank           | Storm                 | LT Hotzenplotz      | M45 | 73. | 3:14:38,85 |
| 314.  | 750    | Günter          | Klar                  | SV Groß Thondorf    | M50 | 46. | 3:14:46,45 |
| 315.  | 368    | Dirk            | Zündorf               |                     | M40 | 81. | 3:14:49,20 |
| 316.  | 373    | Hans-Erich      | Haldau                | SC-Rönnau 74        | M55 | 26. | 3:14:58,60 |
| 317.  | 509    | Hans Jürgen     | Göthner               | Mottencastle RT     | M50 | 47. | 3:15:00,85 |
| 318.  | 588    | Lars            | Schmidt               | SV Altencelle       | M35 | 36. | 3:15:17,65 |
| 319.  | 490    | Jörn            | Wolters               |                     | M40 | 82. | 3:15:25,00 |
| 320.  | 26     | Dietmar         | Steppke               | TVU LT Uelzen       | M40 | 83. | 3:15:43,65 |
| 321.  | 310    | Wilhelm Gunther | Wöltjen               |                     | M55 | 27. | 3:16:06,35 |
| 322.  | 69     | Dirk            | Hansen-Jacobi         | LG Albatros Kiel    | M50 | 48. | 3:16:08,50 |
| 323.  | 623    | Jon             | Baastrup              |                     | M40 | 84. | 3:16:13,95 |
| 324.  | 79     | Thomas          | Schroeter             | Running Gag         | M50 | 49. | 3:16:15,75 |
| 325.  | 753    | Arno            | Reglitzky             | Blau-Weiß Buchholz  | M70 | 4.  | 3:16:25,40 |
| 326.  | 724    | Torsten         | Ellerbrock            | SV Süderdorf        | M50 | 50. | 3:16:30,95 |
| 327.  | 59     | Peter           | Möller                | BSG E.ON Hanse      | M60 | 18. | 3:16:37,60 |

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| 328.  | 531    | Sönke        | Bartlefsen | SV-Frisia 03           | M50 | 51. | 3:16:39,30 |
| 329.  | 167    | Horst-Ulrich | Stein      |                        | M55 | 28. | 3:16:47,00 |
| 330.  | 419    | Franz        | Knops      |                        | M40 | 85. | 3:16:56,10 |
| 331.  | 417    | Dr. Herbert  | Flock      |                        | M45 | 74. | 3:16:56,40 |
| 332.  | 869    | Wolfgang     | Wirth      |                        | M60 | 19. | 3:17:17,70 |
| 333.  | 508    | Sven         | Lüth       | SG Haspa               | M40 | 86. | 3:17:22,00 |
| 334.  | 644    | Oliver       | König      |                        | M40 | 87. | 3:17:31,00 |
| 335.  | 759    | Jürgen       | Selck      | TSV Kropp              | M60 | 20. | 3:17:39,85 |
| 336.  | 777    | Peter        | Kirchberg  |                        | M40 | 88. | 3:17:50,50 |
| 337.  | 350    | Axel         | Eichhorn   |                        | M50 | 52. | 3:17:52,80 |
| 338.  | 746    | Michael      | Schneider  |                        | M30 | 18. | 3:18:05,25 |
| 339.  | 889    | Malte        | Keller     |                        | M35 | 37. | 3:18:19,85 |
| 340.  | 866    | Thomas       | Piel       | TSG Valbert            | M40 | 89. | 3:18:29,30 |
| 341.  | 809    | Jürgen       | Schlitt    | RW Ruhkirchen          | M45 | 75. | 3:18:38,90 |
| 342.  | 42     | Stefan       | Foitlinski | Philips LG BSV         | M40 | 90. | 3:18:41,35 |
| 343.  | 501    | Dr. Manfred  | Forster    | TV Bad Schwalbach      | M65 | 6.  | 3:18:49,55 |
| 344.  | 341    | Hauke        | Prieg      |                        | M45 | 76. | 3:19:17,50 |
| 345.  | 757    | Ingmar       | Heuer      | MTV Salzhausen         | M40 | 91. | 3:19:20,95 |
| 346.  | 305    | Stefan       | Valentien  | SV Munster             | M45 | 77. | 3:19:29,25 |
| 347.  | 45     | Marc-Stephan | Heinsen    | TC Westerland          | M40 | 92. | 3:19:38,30 |
| 348.  | 424    | Jürgen       | Bublitz    | SC Neuenstein          | M50 | 53. | 3:19:42,85 |
| 349.  | 232    | Gert         | Pelikowsky |                        | M60 | 21. | 3:19:50,50 |
| 350.  | 258    | Andreas      | Pohlmann   |                        | M40 | 93. | 3:19:58,10 |
| 351.  | 814    | Stefan       | Keller     |                        | M40 | 94. | 3:20:19,05 |
| 352.  | 91     | Michael      | Sigloch    | Team Schlumpf          | M35 | 38. | 3:20:19,85 |
| 353.  | 151    | Norbert      | Gottschalk | Mottencastle RT        | M50 | 54. | 3:20:30,70 |
| 354.  | 383    | Ottfried     | Deesz      | JK-Running             | M35 | 39. | 3:20:34,90 |
| 355.  | 825    | Jörg         | Valder     |                        | M45 | 78. | 3:20:52,15 |
| 356.  | 16     | Dr. Wolfgang | Walter     | SC Gröbenzell          | M60 | 22. | 3:20:58,50 |
| 357.  | 138    | Michael      | Jäcke      | Moorläufer             | M45 | 79. | 3:21:01,50 |
| 358.  | 921    | Rainer       | Sarrazin   |                        | MHK | 13. | 3:21:01,75 |
| 359.  | 792    | Holger       | Markus     | SUS Waldenau           | M65 | 7.  | 3:21:03,00 |
| 360.  | 510    | Georg        | Erlemann   |                        | M45 | 80. | 3:21:05,65 |
| 361.  | 813    | Stefan       | Berger     | MC Cappenberg          | M40 | 95. | 3:21:22,45 |
| 362.  | 132    | Paul         | Miebach    |                        | M50 | 55. | 3:21:23,10 |
| 363.  | 775    | Rüdiger      | Beier      |                        | M40 | 96. | 3:22:24,70 |
| 364.  | 817    | Ingo         | Piechaczek | SV Munster             | M35 | 40. | 3:22:26,60 |
| 365.  | 474    | Klaus-Peter  | Wassmann   |                        | M50 | 56. | 3:22:30,40 |
| 366.  | 743    | Thomas       | Loeck      |                        | M55 | 29. | 3:22:30,70 |
| 367.  | 552    | Peter        | Stockfleth | LT Haseldorf Marsch    | M55 | 30. | 3:22:44,35 |
| 368.  | 732    | Jürgen       | Suckau     | BSG Barmenia Wuppertal | M45 | 81. | 3:22:59,15 |
| 369.  | 442    | Arne         | Brink      | Astra Urtypen          | M35 | 41. | 3:23:07,10 |
| 370.  | 371    | Hans-Jürgen  | Matzen     | BSG Beiersdorf         | M50 | 57. | 3:23:19,40 |
| 371.  | 586    | August       | Lehmkuhl   | BSC Osnabrück          | M65 | 8.  | 3:23:22,60 |
| 372.  | 553    | Stefan       | Hartmann   | LT Haseldorf Marsch    | M50 | 58. | 3:23:23,10 |
| 373.  | 727    | Rolf Karsten | Klaumann   |                        | M55 | 31. | 3:23:27,20 |
| 374.  | 169    | Detlef       | Sombetzki  | LWT Ümmigersee         | M55 | 32. | 3:23:36,50 |
| 375.  | 884    | Giacomo      | Bellusci   | Ferrari-Club           | M60 | 23. | 3:23:38,50 |
| 376.  | 278    | Matthias     | Mühlich    | Cryovac Running Team   | M45 | 82. | 3:23:39,80 |
| 377.  | 577    | Mario        | Ahlert     | HSV Supporters         | M40 | 97. | 3:24:05,15 |
| 378.  | 286    | Sönke        | Ehrhardt   | Ruderklub Flensburg    | M50 | 59. | 3:24:25,00 |
| 379.  | 645    | Bernd        | Pohl       | Laufftreff Alstertal   | M45 | 83. | 3:24:30,80 |
| 380.  | 877    | Hans-Joachim | Sörgel     | Grubenwehr             | M50 | 60. | 3:24:41,90 |
| 381.  | 729    | Freddy       | Zahn       | SV-Frisia 03           | M50 | 61. | 3:24:48,30 |
| 382.  | 244    | Klaus        | Walther    | LAV Alfeld             | M60 | 24. | 3:24:52,00 |

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| 383.  | 850    | Horst         | Schröder     | TV J. Schneverdingen | M55 | 33.  | 3:24:59,40 |
| 384.  | 449    | Armin         | Wildenberg   |                      | M45 | 84.  | 3:25:57,00 |
| 385.  | 268    | Horst         | Krause       | BSG Delphi Draka     | M65 | 9.   | 3:26:01,00 |
| 386.  | 388    | Claus-Henning | Wolde        | SC Barolo Bensheim   | M50 | 62.  | 3:26:11,00 |
| 387.  | 347    | Andreas       | Güers        | MC Cappenberg        | M40 | 98.  | 3:26:24,20 |
| 388.  | 829    | Stephan       | Pechstein    |                      | M45 | 85.  | 3:26:26,35 |
| 389.  | 280    | Norbert       | Ottens       | Laufwerk Hamurg      | M50 | 63.  | 3:26:28,10 |
| 390.  | 880    | Dr. Jürgen    | Gerke        |                      | M60 | 25.  | 3:26:54,80 |
| 391.  | 471    | Jochen        | Hamm         | MTV Heide            | M70 | 5.   | 3:27:15,05 |
| 392.  | 179    | Heiko         | Sagasser     | SSV Seinstedt        | M40 | 99.  | 3:27:32,00 |
| 393.  | 681    | Volker        | Knittel      | TSVE 1890 Bielefeld  | M45 | 86.  | 3:27:32,50 |
| 394.  | 129    | Anton         | Rosing       |                      | M45 | 87.  | 3:27:34,00 |
| 395.  | 513    | Martin        | Schröer      | Tri-As Hamm          | M40 | 100. | 3:27:44,00 |
| 396.  | 772    | Hagen         | Leitz        | BSG Polizei HH       | M45 | 88.  | 3:27:45,70 |
| 397.  | 99     | Gerd          | Walter       | SCC Chaos-Gang       | M65 | 10.  | 3:28:09,20 |
| 398.  | 760    | Hans          | Burger       |                      | M55 | 34.  | 3:28:26,50 |
| 399.  | 29     | Gero          | Gerewitz     | Geros Lauftreff      | M50 | 64.  | 3:28:46,10 |
| 400.  | 28     | Stefan        | Exner        | Bundespolizei        | M40 | 101. | 3:28:46,20 |
| 401.  | 908    | Thorsten      | Steinhardt   |                      | M40 | 102. | 3:28:53,80 |
| 402.  | 630    | Franz         | Hansen       |                      | MHK | 14.  | 3:29:08,45 |
| 403.  | 389    | Thomas        | Panzner      | SC Barolo Bensheim   | M50 | 65.  | 3:29:34,55 |
| 404.  | 434    | Manuel        | Fleißner     | SV Altencelle        | M30 | 19.  | 3:29:47,45 |
| 405.  | 898    | Kay           | Wannovius    | TVU LT Uelzen        | M55 | 35.  | 3:29:47,60 |
| 406.  | 907    | Danny         | Braumbach    | SV Teutonia Steddorf | M30 | 20.  | 3:29:53,65 |
| 407.  | 413    | Hans-Joachim  | Schliep      |                      | M50 | 66.  | 3:30:15,10 |
| 408.  | 190    | Rolf          | Hortsmann    | LT Gross-Macken      | M40 | 103. | 3:30:47,00 |
| 409.  | 376    | Andreas       | Kus          | SUS Waldenau         | M40 | 104. | 3:31:06,65 |
| 410.  | 354    | Ralf          | Münstermann  | Dusty Runners        | M50 | 67.  | 3:31:29,85 |
| 411.  | 482    | Winfried      | Laube        | TSV Hirschau         | M65 | 11.  | 3:31:50,90 |
| 412.  | 87     | Gerhard       | Machel       | TVU LT Uelzen        | M40 | 105. | 3:31:55,00 |
| 413.  | 902    | Manfred       | Tjaben       |                      | M80 | 1.   | 3:32:12,20 |
| 414.  | 734    | Peter         | Eyler        | GHB Hamburg          | M60 | 26.  | 3:32:16,15 |
| 415.  | 239    | Reinhard      | Klein        |                      | M60 | 27.  | 3:32:18,75 |
| 416.  | 458    | Frank         | Repschläger  | Powerrauen Bln       | M65 | 12.  | 3:32:23,50 |
| 417.  | 344    | Torsten       | Becker       | FIS                  | M45 | 89.  | 3:32:45,25 |
| 418.  | 125    | Jörg          | Stockhardt   | SC Barolo Bensheim   | M45 | 90.  | 3:33:18,70 |
| 419.  | 815    | Dieter        | Neugebauer   | TV Kostheim 77       | M65 | 13.  | 3:33:24,30 |
| 420.  | 264    | Torsten       | Penne        | Hannover 96          | M45 | 91.  | 3:33:34,10 |
| 421.  | 332    | Ulrich        | Radau        | TVG Kaiserau         | M50 | 68.  | 3:33:43,10 |
| 422.  | 634    | Karl-Heinz    | Besler       | TUS Breckerfeld      | M55 | 36.  | 3:34:04,10 |
| 423.  | 391    | Michael       | Borgmann     | TC Peißnitz e.V.     | M55 | 37.  | 3:34:12,15 |
| 424.  | 71     | Thomas        | Köster       | Rosa Engel Hamm      | M45 | 92.  | 3:34:18,60 |
| 425.  | 589    | Rüdiger       | Heinrich     | SV Altencelle        | M55 | 38.  | 3:34:29,85 |
| 426.  | 677    | Gerhard       | Matioschat   | TSVE 1890 Bielefeld  | M65 | 14.  | 3:34:35,70 |
| 427.  | 427    | Joachim       | Eisele       | ESV Elsdorf          | M55 | 39.  | 3:34:45,10 |
| 428.  | 55     | Jürgen        | Kleinke      |                      | M50 | 69.  | 3:34:54,50 |
| 429.  | 798    | Bernd         | Gerdson      |                      | M40 | 106. | 3:35:02,50 |
| 430.  | 771    | Heimo         | Albers       | Grubenwehr           | M65 | 15.  | 3:35:10,50 |
| 431.  | 873    | Reinhard      | Spitzer      | Grubenwehr           | M70 | 6.   | 3:35:10,70 |
| 432.  | 894    | Ludwig        | Muxel        |                      | M50 | 70.  | 3:35:14,35 |
| 433.  | 615    | Hans-Peter    | Klingebiel   | Post-SV Gütersloh    | M45 | 93.  | 3:35:17,40 |
| 434.  | 3      | Reiner        | Hesse        | TSV Kropp            | M55 | 40.  | 3:35:23,00 |
| 435.  | 61     | Wolfgang      | Timm         | HSV                  | M60 | 28.  | 3:35:38,80 |
| 436.  | 870    | Franz         | Lumetzberger | Grubenwehr           | M60 | 29.  | 3:35:50,05 |
| 437.  | 226    | Hans          | Hölter       | BSG Delphi Draka     | M60 | 30.  | 3:36:26,00 |



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| 438.  | 466    | Wolfgang       | Maier          | TG Gönningen        | M50 | 71.  | 3:36:32,80 |
| 439.  | 730    | Sven           | Balzer         |                     | M35 | 42.  | 3:36:33,40 |
| 440.  | 353    | Klaus-Peter    | Drechsel       |                     | M45 | 94.  | 3:36:36,65 |
| 441.  | 32     | André          | Schmidt        | GMRV                | M45 | 95.  | 3:37:21,10 |
| 442.  | 596    | Michael        | Plankar        |                     | M45 | 96.  | 3:37:25,55 |
| 443.  | 905    | Udo            | Albrecht       |                     | M45 | 97.  | 3:37:31,00 |
| 444.  | 333    | Stephan        | Froeschel      |                     | M60 | 31.  | 3:37:35,00 |
| 445.  | 43     | Stefan         | Olbrich        |                     | M45 | 98.  | 3:37:48,60 |
| 446.  | 883    | Christoph      | Buchwald       | MC Cappenberg       | M40 | 107. | 3:38:02,25 |
| 447.  | 797    | Sven           | Schülke        | SG Neukölln         | M40 | 108. | 3:38:08,20 |
| 448.  | 859    | Ernest         | Prinzivalli    | USRA                | M55 | 41.  | 3:38:11,90 |
| 449.  | 762    | Jörg           | Grabach        | VSG Königslutt      | M50 | 72.  | 3:38:15,20 |
| 450.  | 236    | Godo           | Lagemann       | SCC Berlin          | M45 | 99.  | 3:38:48,30 |
| 451.  | 100    | Gilbert        | Voß            | BSG-Vattenfall      | M50 | 73.  | 3:38:58,00 |
| 452.  | 298    | Rembert        | Kuebel-Heising |                     | M55 | 42.  | 3:39:25,00 |
| 453.  | 148    | Carsten        | Rieger         | Signal Iduna        | M40 | 109. | 3:39:25,50 |
| 454.  | 46     | Dirk           | Wittorf        |                     | M40 | 110. | 3:39:25,70 |
| 455.  | 668    | Daniel         | Spitzbarth     | FW Lüdenscheid      | M35 | 43.  | 3:39:27,40 |
| 456.  | 250    | Klaus          | Seils          | BSG Delphi Draka    | M50 | 74.  | 3:39:27,55 |
| 457.  | 830    | Norbert        | Sappelt        | BSG Delphi Draka    | M50 | 75.  | 3:39:27,70 |
| 458.  | 638    | Anton          | Jeyakumar      |                     | M45 | 100. | 3:39:44,50 |
| 459.  | 776    | Andreas        | Beier          |                     | M45 | 101. | 3:39:56,00 |
| 460.  | 662    | Markus         | Sommer         |                     | M50 | 76.  | 3:40:02,10 |
| 461.  | 723    | Michael        | Sievers        |                     | M40 | 111. | 3:40:21,90 |
| 462.  | 694    | Benjamin       | Schulte        |                     | M30 | 21.  | 3:40:31,20 |
| 463.  | 180    | Thorsten       | Wagner         |                     | M45 | 102. | 3:40:59,45 |
| 464.  | 695    | Matthias       | Walliser       |                     | M40 | 112. | 3:41:08,30 |
| 465.  | 246    | Hermann        | Scheuss        |                     | M50 | 77.  | 3:41:38,10 |
| 466.  | 299    | Marcel         | Reising        | TVU LT Uelzen       | M40 | 113. | 3:41:52,10 |
| 467.  | 326    | Joachim        | Rück           |                     | M60 | 32.  | 3:42:15,50 |
| 468.  | 103    | Klaus          | Remmert        |                     | M60 | 33.  | 3:42:44,50 |
| 469.  | 803    | Andreas        | Lange          |                     | M50 | 78.  | 3:43:13,15 |
| 470.  | 802    | Michael        | Pöllmann       |                     | M45 | 103. | 3:43:13,55 |
| 471.  | 221    | Horst          | Stasch         | MC Cappenberg       | M70 | 7.   | 3:43:28,30 |
| 472.  | 456    | Thomas         | Till           | SV Elsdorf          | M50 | 79.  | 3:43:38,55 |
| 473.  | 245    | Horst Eckehard | Pesch          | Rock EL Keim        | M70 | 8.   | 3:44:11,65 |
| 474.  | 472    | Bernhard       | Ormanns        | DJK Gillrath        | M60 | 34.  | 3:44:42,00 |
| 475.  | 592    | Manfred        | Bodner         |                     | M60 | 35.  | 3:44:53,95 |
| 476.  | 361    | Wolfgang       | Blume          | TVG Kaiserau        | M60 | 36.  | 3:45:07,50 |
| 477.  | 230    | Werner         | Vohwinkel      |                     | M45 | 104. | 3:45:07,90 |
| 478.  | 484    | Dirk           | Pervölz        | Bahrenfelder SV     | M35 | 44.  | 3:45:51,95 |
| 479.  | 706    | Bernd          | Oelke          | Frisia z. Nordwacht | M55 | 43.  | 3:46:02,85 |
| 480.  | 252    | Kai            | Zylau          | Werk3-Triathlon     | M40 | 114. | 3:46:07,50 |
| 481.  | 334    | Christoph      | Froeschel      |                     | MHK | 15.  | 3:46:09,60 |
| 482.  | 566    | Rainer         | Pahl           | TSV Westerland      | M45 | 105. | 3:46:20,10 |
| 483.  | 922    | Jürgen         | Eisenberg      | Tinum 66            | M55 | 44.  | 3:46:22,30 |
| 484.  | 454    | Martin         | Renz           | TG Gönningen        | M50 | 80.  | 3:46:53,75 |
| 485.  | 682    | Dr. Rainer     | Bielke         | TSV Westerland      | M55 | 45.  | 3:47:18,60 |
| 486.  | 416    | Friedhelm      | Weiss          | Renntiere           | M55 | 46.  | 3:47:31,95 |
| 487.  | 214    | Peter          | Hanuschka      | SCC Berlin          | M55 | 47.  | 3:47:42,15 |
| 488.  | 94     | Harald         | Lütkebohmert   | SF Klein Reken      | M40 | 115. | 3:47:51,10 |
| 489.  | 876    | Karl-Heinz     | Schroer        | SF Klein Reken      | M45 | 106. | 3:47:51,75 |
| 490.  | 92     | Berthold       | Kleideiter     | SF Klein Reken      | M50 | 81.  | 3:47:51,90 |
| 491.  | 643    | Benno          | Heinigk        | Tinum 66            | M60 | 37.  | 3:47:55,55 |
| 492.  | 848    | Hartmut        | Petzold        | MTV Soltau          | M55 | 48.  | 3:47:58,70 |

| Platz | St-Nr. | Vorname      | Name          | Verein                   | Ak. | Pl.  | Zeit       |
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| 493.  | 39     | Rolf         | Fleischmann   | TVU LT Uelzen            | M55 | 49.  | 3:47:59,35 |
| 494.  | 199    | Horst        | Priebe        | TV 06 Gossfelden         | M65 | 16.  | 3:48:14,60 |
| 495.  | 281    | Hans-Joachim | Ewald         | TVU LT Uelzen            | M60 | 38.  | 3:48:59,25 |
| 496.  | 265    | Soenke       | Meyer         | Racing HH                | M35 | 45.  | 3:49:23,80 |
| 497.  | 872    | Peter        | Buchholz      | Grubenwehr               | M65 | 17.  | 3:50:20,10 |
| 498.  | 20     | Hilmar       | Loos          | Kannenfeld Runn          | M55 | 50.  | 3:50:24,75 |
| 499.  | 754    | Martin       | Broeer        |                          | M30 | 22.  | 3:50:41,60 |
| 500.  | 308    | Norbert      | Benkner       | LG Fuldata               | M50 | 82.  | 3:51:13,05 |
| 501.  | 559    | Uwe          | Gerth         | TSV Westerland           | M40 | 116. | 3:51:56,60 |
| 502.  | 304    | Gerhard      | Nehmer        | SV Munster               | M60 | 39.  | 3:52:53,35 |
| 503.  | 207    | Claus        | Boelen-Theile |                          | M40 | 117. | 3:53:04,90 |
| 504.  | 696    | Jens         | Wiese         |                          | M35 | 46.  | 3:53:39,45 |
| 505.  | 117    | Uwe          | Schmiedeberg  |                          | M55 | 51.  | 3:53:47,40 |
| 506.  | 731    | Ekhard       | Klomfass      |                          | M50 | 83.  | 3:54:02,70 |
| 507.  | 483    | Jürgen       | Loschelder    | SC Düsseldorf West +£30  | M50 | 84.  | 3:54:02,80 |
| 508.  | 583    | Klaus        | Steinhäuser   | SV Medizin EBW.          | M60 | 40.  | 3:54:22,80 |
| 509.  | 673    | Martin       | Breuer        | TSVE 1890 Bielefeld e.V. | M60 | 41.  | 3:55:05,80 |
| 510.  | 116    | Gerhard      | Klähn         | TUS Grünendeich          | M50 | 85.  | 3:55:09,95 |
| 511.  | 124    | Stefan       | Wolters       | Mottencastle RT          | M45 | 107. | 3:55:41,00 |
| 512.  | 819    | Melf         | Ingwersen     |                          | M30 | 23.  | 3:55:51,80 |
| 513.  | 83     | Rüdiger      | Kleis         | Die Nordlichter          | M45 | 108. | 3:55:52,15 |
| 514.  | 636    | Rudolf       | Gruber        | SVG Ruhstorf             | M55 | 52.  | 3:56:30,95 |
| 515.  | 909    | Kevin        | Tillmann      |                          | MJ  | 2.   | 3:56:31,35 |
| 516.  | 610    | Ulrich       | Stiens        | Post-SV Gütersloh        | M45 | 109. | 3:56:33,20 |
| 517.  | 752    | Klaus-Olaf   | Zehle         |                          | M45 | 110. | 3:57:42,70 |
| 518.  | 128    | Frank        | Zimmermann    |                          | M45 | 111. | 3:58:27,40 |
| 519.  | 791    | Markus       | Deninger      |                          | M45 | 112. | 3:58:55,55 |
| 520.  | 865    | Ralf         | Lehmann       |                          | M50 | 86.  | 3:59:15,10 |
| 521.  | 633    | Joachim      | Striebinger   | TSV Mannheim 1848        | M45 | 113. | 3:59:37,10 |
| 522.  | 697    | Carsten      | Hahn          |                          | M40 | 118. | 3:59:54,10 |
| 523.  | 444    | Thorsten     | Hecht         |                          | M35 | 47.  | 4:00:10,00 |